

## Peer Support Collaborative Minutes

December 23, 2009

Present: Sean, Cathleen, Bruce, Sara, Phil, Jace, Matt, Fran, Brian, Lori

Agenda Item	Discussion Points	Outcome / Action	Complete
<b>Facilitator</b>	<ul style="list-style-type: none"> <li>• Cathleen</li> </ul>		√
<b>Check In</b>	<ul style="list-style-type: none"> <li>•</li> </ul>		√
<b>Next Week's Facilitator</b>	<ul style="list-style-type: none"> <li>• None chosen today</li> </ul>		√
<b>Review Minutes</b>	<ul style="list-style-type: none"> <li>•</li> </ul>		√
<b>New Member Orientation</b>	<ul style="list-style-type: none"> <li>• Three new members. Phil gave an overview of Collaborative's purpose</li> </ul>		√
<b>Job Announcements</b>	<ul style="list-style-type: none"> <li>• No job announcements right now</li> </ul>		√
<b>Recovery Institute</b>	<ul style="list-style-type: none"> <li>• See individual updates</li> <li>• Recovery Institute will be open</li> </ul>		√
<b>ArtWorks</b>	<ul style="list-style-type: none"> <li>• Artworks will be open today from 1-4 and next week Wednesday</li> </ul>		√
<b>Computer Lab</b>	<ul style="list-style-type: none"> <li>• Call Recovery Institute for appointments</li> </ul>		√
<b>Self-determination</b>	<ul style="list-style-type: none"> <li>• Nothing new to report</li> </ul>		√
<b>Supported Education</b>	<ul style="list-style-type: none"> <li>• Phil announced that one of his students graduated with high honors from KVCC. She is starting in KCC Kellogg Community College in</li> <li>• He is expecting another graduate next year</li> <li>• He ran a workshop on the five stages of recovery based loosely on Elizabeth Kubler-Ross' ideas</li> <li>• Next term Phil will use the <i>Four Agreements</i> book with his Supported Education Support Group</li> <li>• Phil plans to meet with Kalamazoo Public Schools on January 6 to help bridge to college. He is also trying to meet with Portage Schools</li> </ul>		√
<b>People United to Secure Housing (PUSH)</b>	<ul style="list-style-type: none"> <li>• No one present</li> </ul>		√
<b>Keystone</b>	<ul style="list-style-type: none"> <li>• No one present</li> </ul>		√
<b>Access &amp; Outreach</b>	<ul style="list-style-type: none"> <li>• Gave overview of coverage at KCMHSAS Access Center and Borgess Hospital outreach. They have a great relationship with Borgess staff and patient satisfaction has increased. Borgess attributes this to the Peer Support being offered by Recovery Institute</li> </ul>		√
<b>PoWeR Group</b>	<ul style="list-style-type: none"> <li>• No report today</li> </ul>		√

<b>Recovery Court</b>	<ul style="list-style-type: none"> <li>No one present</li> </ul>		√
<b>Principles of Peer Support</b>	<ul style="list-style-type: none"> <li>All 8 students will graduate from the course</li> <li>Graduate is scheduled for January 19<sup>th</sup> at 3:30pm at KVCC rm 128</li> <li>The deadline for next Semester's course application is January 22, the class</li> </ul>		√
<b>InterAct – Action Employment</b>	<ul style="list-style-type: none"> <li>No one present</li> </ul>		√
<b>InterAct - Wellness Recovery Action Plan (WRAP)</b>	<ul style="list-style-type: none"> <li>No one present</li> </ul>		√
<b>InterAct – Wellness Team</b>	<ul style="list-style-type: none"> <li>No one present</li> </ul>		√
<b>InterAct – Substance Abuse Management Module (SAMM)</b>	<ul style="list-style-type: none"> <li>No one present</li> </ul>		√
<b>Peer Companions</b>	<ul style="list-style-type: none"> <li>No one present</li> </ul>		√
<b>KCMHSAS Homeless Shelter (Oakland House)</b>	<ul style="list-style-type: none"> <li>No one present</li> </ul>		√
<b>The Living Room</b>	<ul style="list-style-type: none"> <li>No one present</li> </ul>		√
<b>DBSA –Depression Bipolar Support Alliance</b>	<ul style="list-style-type: none"> <li>Meetings are 7-9 on Monday nights at corner of Oakland Drive and Romance. United Methodist Church</li> <li>Sean spoke with someone who will soon be offering courses on how to facilitate Pathways 4 You courses based on the book <i>Pathways to Recovery</i> by Pricilla Ridgeway.</li> </ul>		√
<b>Pine Rest-CenterPoint</b>	<ul style="list-style-type: none"> <li>Bruce Jones and Sara Rice are here to represent CenterPoint, the Pine Rest run crisis center on Oakland Drive</li> <li>Bruce gave an overview of Crisis Transitional Housing, the Living Room and the Crisis Center layout on the campus on Oakland Drive</li> <li>Target date for everything to be running is March 2010</li> <li>Bruce has been working there for a couple months</li> <li>Peer Supports are in the contract, but Pine Rest did not hire staff specifically for Peer Support roles, but they tried to hire people with a background in recovery.</li> <li>It will be hard for Pine Rest to run WRAP groups, because people will not be staying long enough to complete the curriculum</li> <li>Bruce hopes Crisis will drive changes in the system, looking at what went wrong and how can it be fixed for someone next time.</li> </ul>		
<b>Douglass Community Association</b>	<ul style="list-style-type: none"> <li>No one present</li> </ul>		

<b>Recovery International</b>	<ul style="list-style-type: none"> <li>• Fran announced a group that meets Wednesday evening at 7pm at First Congregational Church. This is the oldest self-help Peer group in th Country, 72 years old</li> <li>• In January they are going to offer online meeting</li> <li>• Currently, they offer phone-in meetings in English and Spanish</li> <li>• Brian was here from Detroit. He has heard much of Recovery Institute in Detroit. Recovery International offers tools for Recovery it is Peer-to-peer. Don't really have a stand-alone space, just meetings all over</li> <li>• Recovery International has been in Kalamazoo 40 years.</li> <li>• Recovery International and Fran specifically can train people in group facilitation</li> </ul>		√
<b>Transformations Meeting</b>	<ul style="list-style-type: none"> <li>• Held on Tuesdays 3-4pm at Recovery Institute</li> </ul>		
<b>Misc.</b>	<ul style="list-style-type: none"> <li>• Decided not to hold Collaborative next week as most in attendance today will not be able to attend due to the New Year Holiday</li> </ul>		