

Peer Support Collaborative Minutes

October 28, 2009

Present: Ben, Andrea, Kevin, Francis, Phil, Bruce, Nancy, Doug, Connie, Brian, Sean, Tomio, Steve, Anil, Bill

Agenda Item	Discussion Points	Outcome / Action	Complete
Facilitator	<ul style="list-style-type: none"> • Doug D. 		√
Check In	<ul style="list-style-type: none"> • 		√
Next Week's Facilitator	<ul style="list-style-type: none"> • 		√
Review Minutes	<ul style="list-style-type: none"> • 		√
New Member Orientation	<ul style="list-style-type: none"> • Four new members were in attendance 		√
Job Announcements	<ul style="list-style-type: none"> • No job announcements 		√
Recovery Institute	<ul style="list-style-type: none"> • RI has a new board member Melissa W. She helps friends on visits out of the state hospital 		√
ArtWorks	<ul style="list-style-type: none"> • Doug mentioned that he benefits from the Artworks by taking a class at Kalamazoo Institute of Arts. 		√
Computer Lab	<ul style="list-style-type: none"> • Hosts tutoring sessions Tues – Thursday noon to 4pm. Please call for Steve for an appointment 343.6725 		√
Self-determination	<ul style="list-style-type: none"> • Currently working with 9 people who have hired their own staff through a self-determined arrangement • They are also available to help facilitate person-centered-planning meetings 		√
Supported Education	<ul style="list-style-type: none"> • Phil reported with a general overview of Supported Education for some new members. Phil assists with orienting toward accommodations that are available for people with disabilities. He can also help with financial aid applications and hosts a weekly support group that meets on Monday afternoons, from 4-5pm. One option is extended time testing • Next week's Support Group topic will be holistic health, following week will be on death and dying. Next semester's group will review the <i>Four Agreements</i> to address education and recovery. • Four people attend the group, two new people are scheduled to attend next week 		√
People United to Secure Housing (PUSH)	<ul style="list-style-type: none"> • No one present 		√

Keystone	<ul style="list-style-type: none"> • Halloween Party at Keystone Thursday 10-2pm (10/29) • Thanksgiving party is at the Old Country Buffet • Christmas Party will be at Keystone • Keystone has one open Board Positions, please contact Pete at Keystone if you are interested 		√
Access & Outreach	<ul style="list-style-type: none"> • Sean gave overview 		√
PoWeR Group	<ul style="list-style-type: none"> • Ten people participate in this Group. They have four presentations scheduled for November 		√
Recovery Court	<ul style="list-style-type: none"> • Having court this Friday • Will be hosting next WRAP class at RI for the month of November 		√
Principles of Peer Support	<ul style="list-style-type: none"> • Sean gave overview of class and how to apply. The first day of class is this Monday November 2nd at KVCC Anna Whitten Hall. This course is worth 3 credits in Psychology from KVCC and covers the principle aspects of Peer Support Work. 		√
InterAct – Action Employment	<ul style="list-style-type: none"> • No one present 		√
InterAct - Wellness Recovery Action Plan (WRAP)	<ul style="list-style-type: none"> • No one present 		√
InterAct – Wellness Team	<ul style="list-style-type: none"> • Nancy reported the death of one of InterAct members 		√
InterAct – Substance Abuse Management Module (SAMM)	<ul style="list-style-type: none"> • No one present 		√
Peer Companions	<ul style="list-style-type: none"> • Deb mentioned that there is an open position for a Peer Companion. This will make three positions in total • She gave an overview of Peer Companions to Ben. Peer Companions are very flexible in how they make contact with people. The emphasis is on getting more socially involved in their community. Many people they see have transportation difficulties. 		√
KCMHSAS Homeless Shelter (Oakland House)	<ul style="list-style-type: none"> • No one is present 		√
The Living Room	<ul style="list-style-type: none"> • No one present 		√

DBSA –Depression Bipolar Support Alliance	<ul style="list-style-type: none"> • Meets at United Methodist Church every Monday 7-9pm corner of Oakland and Romence. This is the largest meeting in the state. • Sometimes 60 people attend the large group, but then they break up into small groups too. • Andrea Deming, a psychologist presents on the second Monday of every month for special topics and questions • Connie presents on the third Monday of every month on a variety of topics • DBSA volunteers operate an informational phone line at 269.599.2782. This is not a crisis line, just for information • DBSalliance.org This is the national DBSA website • This group seeks out a special outside speaker at least twice a year. The last speaker demonstrated Yoga breathing techniques to work through panic attacks 		√
Pine Rest	<ul style="list-style-type: none"> • No one present 		
Douglass Community Association	<ul style="list-style-type: none"> • Kevin reported that open Peer Support Specialist position is on hold due to funding concerns. Referrals to Douglass for mental health services have been greatly reduced due to General Funds cuts • Kevin is the only Peer Support Specialist employed at Douglass right now 		
Recovery International	<ul style="list-style-type: none"> • Francis reported that their Monday meeting is having problems with landlord and they will have to suspend the meeting until a new place can be found. This meeting was held at Alexander Center, but it is not working out. • The Wednesday Meeting is still going on at First Congregational Church. The meeting goes from 7-9pm • Kevin suggested First United Methodist Church on Academy and Park as an alternative meeting place for the Monday meeting • Recovery International also holds telephone meetings every day of the week. One of these is held in Spanish • Visually impaired meeting is held and called a literature meeting, where the books are read aloud. • Francis passed out brochures that had details of these meetings • This program has been in existence for 72 years, the Kalamazoo meeting has been going for 40 years. 		√
Misc.	<ul style="list-style-type: none"> • Kalamazoo Community Mental Health Winter Holiday Party is scheduled for December 11th from 11:30-1:30. Lunch is provided 		

