

## Peer Support Collaborative Minutes

July 7, 2010

**Present: Jamor, Tre, Matt, Tori, Tim, Fran, Susan, Martha, Sean, Tina, Doug, Paula**

Agenda Item	Discussion Points	Outcome / Action	Complete
<b>Facilitator</b>	Doug		√
<b>Check In</b>	•		√
<b>Next Week's Facilitator</b>	• Tim		√
<b>Review Minutes</b>	•		√
<b>New Member Orientation</b>	• Two new members, Tina gave them an overview		√
<b>Job Announcements</b>	• No job announcements		√
<b>People United to Secure Housing (PUSH)</b>	• No one present		√
<b>Keystone</b>	<ul style="list-style-type: none"> <li>• Tim reported that Keystone is still open, but they are still working on their parking lot. They had a nice July 4<sup>th</sup> party with a cookout and karaoke</li> <li>• Tim plans to give a report next week on up and coming events at Keystone</li> </ul>		√
<b>Recovery Court</b>	• Court will be held this Friday		√
<b>InterAct – Action Employment</b>	• No one present		√
<b>InterAct - Wellness Recovery Action Plan (WRAP)</b>	• No one present		√
<b>InterAct – Wellness Team</b>	• No one present		√
<b>InterAct – Substance Abuse Management Module (SAMM)</b>	• No one present		√
<b>Recovery International</b>	<ul style="list-style-type: none"> <li>• Meets at Wednesday at 7 and Monday at 11 at the First Congregational Church. Anyone over the age of 18 can attend</li> <li>• Will be hosting last session at Recovery Institute this Friday from 9-10. This week's topic will be stigma</li> </ul>		√
<b>Douglass Community Association</b>	• No one present		√
<b>Power Branch</b>	<ul style="list-style-type: none"> <li>• Power Branch is hosting a retreat August 20-22 in Sturgis</li> <li>• Doug reported that it went very well last year.</li> <li>• Cost is \$10 per person</li> </ul>		√

<b>Pine Rest-CenterPointe</b>	<ul style="list-style-type: none"> <li>No one present</li> </ul>		√
<b>DBSA –Depression Bipolar Support Alliance</b>	<ul style="list-style-type: none"> <li>Doug reported on Monday night meeting in Portage and said it is a very good meeting with 25-30 people.</li> </ul>		√
<b>The Sanctuary (The Living Room)</b>	<ul style="list-style-type: none"> <li>Located on Oakland Drive right next to Oakland House across from the State Hospital. They watch movies and play Wii</li> </ul>		√
<b>KCMHSAS Homeless Shelter (Oakland House)</b>	<ul style="list-style-type: none"> <li>People generally stay 90 days, but this is a homeless shelter. There are 10 beds and meals for residents</li> </ul>		√
<b>Elm Street House</b>	<ul style="list-style-type: none"> <li>No one present</li> </ul>		√
<b>Pathways</b>	<ul style="list-style-type: none"> <li>No one present</li> </ul>		√
<b>Recovery Institute</b>	<ul style="list-style-type: none"> <li></li> </ul>		√
<b>ArtWorks</b>	<ul style="list-style-type: none"> <li>Meets every Wednesday from 1-4, for open studio time. Art supplies are provided</li> <li>Planned to go to the park today, Paula is a little worried about the heat. The plan is to meet at Bronson Park from 1-4</li> <li>Artworks opens for the Art Hop on the First Friday of every month</li> </ul>		√
<b>Computer Lab</b>	<ul style="list-style-type: none"> <li>Steve is our resident computer tutor. He works with people one-on-one on their computer skills. He is available mainly on Tuesdays in the Afternoon. Just call for an appointment 343.6725</li> </ul>		√
<b>Self-determination</b>	<ul style="list-style-type: none"> <li>A way people can view their budget for how much their mental health and substance abuse services cost. This also provides an opportunity to redirect your Medicaid resources to hire your own staff directly to provide support</li> <li>Doug reported that his self-d arrangement benefitted him</li> </ul>		√
<b>Supported Education</b>	<ul style="list-style-type: none"> <li>Sean gave overview of Recovery Institute Supported Education offerings, which include a support group that will start in the fall for Students who are in recovery and enrolled in an area college, it also includes a college readiness course at Recovery Institute and</li> </ul>		√
<b>Transformations Meeting</b>	<ul style="list-style-type: none"> <li>Tuesdays from 3-4, where peers discuss their problems together. It is very open and supportive environment that is based on the interests of the people in attendance</li> </ul>		√
<b>Principles of Peer Support</b>	College course offered at KVCC at the Downtown campus		√

<b>Peer Companions</b>	<ul style="list-style-type: none"> <li>• Matt reported there are three Peer Companions who work for the Recovery Institute. They meet with people in their homes or in the community offering one-on-one support and helping them find community resources, especially people who don't qualify for traditional services</li> <li>• Peer Companions also offer orientation to classes offered at Recovery Institute</li> </ul>		√
<b>Access &amp; Outreach</b>	<ul style="list-style-type: none"> <li>• Paula reported that Access &amp; Outreach Peer Support Specialists are on call at the Access Center offering support for people who are seeking services</li> </ul>		√
<b>PoWeR Group</b>	<ul style="list-style-type: none"> <li>• Next event is July 26, at Grand Valley Community College</li> </ul>		√
<b>Vet-to-Vet</b>	<ul style="list-style-type: none"> <li>• Hosted at Recovery Institute on Thursdays from 10:30-12:00</li> <li>• The group talked about dropping off flyers at the VA in Battle Creek and the Kalamazoo Alano club</li> </ul>		
<b>SMART Recovery</b>	<ul style="list-style-type: none"> <li>• Meets at Recovery Institute on Mondays at 2pm</li> <li>• This can be an alternative to AA</li> <li>• The focus is on changing thought patterns and maintaining motivation and coping with urges</li> </ul>		
<b>KPH Summerfest</b>	<ul style="list-style-type: none"> <li>• No one announcements</li> </ul>		√
<b>NAMI Picnic (August 11)</b>	<ul style="list-style-type: none"> <li>• Call Recovery Institute at 343.6725 to RSVP</li> </ul>		
<b>Senior Services</b>	<ul style="list-style-type: none"> <li>• No one present</li> </ul>		
<b>Misc.</b>	<ul style="list-style-type: none"> <li>•</li> </ul>		√