

Peer Support Collaborative Minutes

March 31, 2010

Present: Dan, Tre, Phil, Houston, Lori, Andrea, Paul, Doug, Angie, Brian, Cynthia, Patrick, Fran, Carole, Sean

Agenda Item	Discussion Points	Outcome / Action	Complete
Facilitator	<ul style="list-style-type: none"> • Doug 		√
Check In	<ul style="list-style-type: none"> • 		√
Next Week's Facilitator	<ul style="list-style-type: none"> • Angie 		√
Review Minutes	<ul style="list-style-type: none"> • 		√
New Member Orientation	<ul style="list-style-type: none"> • One new member. Paul explained what Collaborative was about and Patrick offered to answer any questions he had after the meeting 		√
Job Announcements	<ul style="list-style-type: none"> • No new job announcements 		√
Recovery Institute	<ul style="list-style-type: none"> • Sean announced that Recovery Institute's next board meeting will be held on April 12, following the Legislative Breakfast at the Fetzer Center. The meeting is open to the public. The Legislative Breakfast runs from 9-11 and the board meeting will start at 11am. • Sean also announced that the board would be awarding Rich Visinardi with a plaque honoring his accomplishments as the Executive Director at Recovery Institute. His tenure as the director ends on April 14th. • Someone asked who the new director would be and Sean announced that the Recovery Institute board had unanimously recommended that he be the next Director. They gave Wendy Novak, the board president the authority to draft an offer letter for Sean, but he has not received it yet, so his appointment as Executive Director is not official yet. 		√
ArtWorks	<ul style="list-style-type: none"> • Artworks will be open for Art Hop this Friday April 2 		√
Computer Lab	<ul style="list-style-type: none"> • Please call the Recovery Institute for an appointment 343.6725 		√
Self-determination	<ul style="list-style-type: none"> • No new announcements 		√
Supported Education	<ul style="list-style-type: none"> • Phil urged people to get ready to register soon for classes at KVCC 		√
People United to Secure Housing (PUSH)	<ul style="list-style-type: none"> • No one present 		√
Keystone	<ul style="list-style-type: none"> • They are thinking about having a car wash 		√
Access & Outreach	<ul style="list-style-type: none"> • No new announcements 		√
PoWeR Group	<ul style="list-style-type: none"> • No new announcements 		√

Recovery Court	<ul style="list-style-type: none"> • Attended GAINS conference in Florida • Main topic was jail diversion • Directors of Consumers Affairs spoke with Brian. Peer in Florida make more than here, but less is expected of them. Brian met some Peer from New York. They have a union there. Consensus was that Michigan is way ahead of other areas in the country • San Francisco has court very similar to what we have in Kalamazoo. Theirs is very recovery oriented and has been in existence for seven years • Doug reported that mental health courts groups tend to do a little better than those who don't go to court, but only a little. It did not have much to do with treatment, but a little better on jail diversion. Some court systems are training Case managers who work in forensics (corrections and courts systems) in anger management • Many of these courts do not have very good data on the impact they have on people's lives • Houston asked if Brian noticed what motivates people to enroll in recovery court. Brian said that people who are not interested in recovery are not accepted into the court. • Doug said some do choose the court because it will clear their record instead of recovery choices • People are sometimes required to do community service • Fran asked if online or phone Recovery International meetings would be acceptable to the court. Brian said that would probably work according to the circumstances. Fran asked that this information be made available • Lori asked what happens to people who attend Recovery Court but they continue to use 		√
Principles of Peer Support	<ul style="list-style-type: none"> • No new news 		√
InterAct – Action Employment	<ul style="list-style-type: none"> • No one to present 		√
InterAct - Wellness Recovery Action Plan (WRAP)	<ul style="list-style-type: none"> • No one to present 		√
InterAct – Wellness Team	<ul style="list-style-type: none"> • No one to present 		√
InterAct – Substance Abuse Management Module (SAMM)	<ul style="list-style-type: none"> • No one to present 		√
Peer Companions	<ul style="list-style-type: none"> • No presentation 		√

KCMHSAS Homeless Shelter (Oakland House)	<ul style="list-style-type: none"> • There is a waiting list, but everything is going well • Much of their work is also one-on-one • Many people have been finding housing • Many have been provided assistance with Benefits through the SOAR program 		√
The Sanctuary (The Living Room)	<ul style="list-style-type: none"> • The only requirement for attendance is that a person have a diagnosis • It has been open for one month They are engaged in a lot of marketing • Hours of operation are Monday through Friday 8-5pm • Much of the work is one-on-one • Some people come just to hang out and that is not what this is about • They also pass out hygiene products • Goal is to meet persons need according to each individual • They do weekly goal sheets instead of longer, so that they don't feel defeated by longer goal, like one year or six months 		√
DBSA –Depression Bipolar Support Alliance	<ul style="list-style-type: none"> • Lori announced that she is a co-chair of the group • Meets on every other Thursdays from 5:30 – 7:30 at First United Methodist Church • Portage DBSA still meets weekly 		√
Pine Rest-CenterPointe	<ul style="list-style-type: none"> • The crisis recovery center located on Oakland Drive next to Sanctuary and Oakland House. Cynthia had nothing new to report 		√
Douglass Community Association	<ul style="list-style-type: none"> • No one to present 		√
Recovery International	<ul style="list-style-type: none"> • Two meetings a week. Monday at 11:00 and Wednesdays at 7:00pm, both at First Congregational Church downtown. They are open to anyone over 18 • Teaches a method to control impulses and thoughts to reduce tensions in their lives • Will be providing an introductory workshop at Recovery Institute for Peer Support Specialists in late May 		√
Power Branch	<ul style="list-style-type: none"> • Patrick reported that Power Branch meets every Friday at 3:30. 		√
Transformations Meeting	<ul style="list-style-type: none"> • No updates 		√
Elm Street House	<ul style="list-style-type: none"> • No one present 		√

Mental Health Awareness Fest	<ul style="list-style-type: none"> • The Festival Planning Committee will meet this Friday at 4pm • They are planning to have four seasonal events including the Festival • Plans to send out invitations for booths soon. Everyone is invited to have a booth even if you don't get an invitation 		√
Pathways	<ul style="list-style-type: none"> • Pathways is holding "No Fooling Event" from 5:15 – 6:15 on April 1. People will have the opportunity to tell their stories • A person can have their case manager to refer them to Pathways or you can go there yourself • Attendance does require an authorization from Kalamazoo Community Mental Health, but a person can get this ball rolling themselves 		√
Misc.	<ul style="list-style-type: none"> • Andrea announced that KCMHSAS Board meeting is held on the Fourth Monday of every month. The collaborative calendar does not specify this • August 20-22 will be the dates of the Peer Retreat. All are invited at Camp Fort Hill in Sturgis. Last year, they had steak dinner. Patrick is still looking for funding ideas. Cost would be around \$5.00 or \$10.00 at the most, if anything. There are cabins and showers there, but you can also bring your own tent • Sean urged everyone to attend the Legislative Breakfast at the Fetzer Center on April 12 from 9-11am. It is a free event and gives people an opportunity to address area legislators about the issues that face and the successes they have had in recovery from mental health history 		√